**Session Proposals**

We would like to invite you to submit session ideas and details of organisations which you regularly work with so that we can curate the best Wellbeing in HE event in 2019!

As this is the first year of operating a conference of this sort, we really want to capture lots of different perspectives on how wellbeing is managed and supported in member institutions. We’re not expecting everyone to be experts in everything, this is a developmental process. We also recognise that smaller institutions may face specific challenges in this field.

We hope you are able to submit at least one idea to us of something you are working on and would like to present to others. It could be something your working to implement, or something you think works particularly well in your context.

We also want to hear from lots of different people within the membership. Wellbeing is not just an issue for central services; academics also contribute to positive mental health, and you may be working with external companies and charities in your technical/vocational courses to prepare your students for the realities of their chosen career. Everyone is welcome to present ideas and attend the conference!

**The deadline for submitting proposals is the 29 March.** Please send proposals to wellbeing@guildhe.ac.uk.

The event will run under three strands:

|  |  |
| --- | --- |
| **Pastoral** | Supporting students as individuals to have a positive university experience. This includes activities provided by central services such as personal support, financial help, housing, specific mental health interventions etc.  |
| **Academic** | Enabling students to achieve academic success. Interventions may include those related to exam stress, timetabling or general teaching of positive wellbeing in relation to academic workload and academic pressure.  |
| **Professional** | Preparing students to take good wellbeing practices into their chosen careers. You may be working with specific industry mental health organisations, or providing exercises that are directly relevant to future workplace cultures.  |

**Your workshop/presentation proposal**

*We would be more than happy for members to submit more than one proposal, but please submit a separate form for each.*

**Your Organsiation:**

|  |
| --- |
|  |

**Your Name:**

|  |
| --- |
|  |

**Your Job Title:**

|  |
| --- |
|  |

**Your Email Address:**

|  |
| --- |
|  |

**Title of session:**

|  |
| --- |
|  |

**What’s your session about?**

Please tell us a little bit about your project/activity/intervention that you wish to share

|  |
| --- |
|  |

**Which conference theme does it fall under?**

|  |  |
| --- | --- |
| Pastoral |  |
| Academic  |  |
| Professional |  |

**Has your project/activity/intervention been impacted assessed/evaluated?**

If so how?

|  |
| --- |
|  |

**Are there any other comments about your session you would like to add?:**

|  |
| --- |
|  |

**External Organisations**

*Please also let us know which external organisations you have engaged with in developing your wellbeing activities, interventions and projects. If you think it would be useful to invite them to present what they offer to the sector (or the industry they work in) please let us know.*

|  |  |  |  |
| --- | --- | --- | --- |
| *Name of Organisation* | *What do they do?* | *Should we invite them to present their products/services/charity?* | *Do you have any relevant contact details/web address you could share with us?* |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**Thank you for your proposal and external contact recommendations.**

We’ll be in touch shortly to let you know if we would like you to present either in a quick-fire sharing session, or a 45-minute workshop/presentation.